

Mesa Verde

Preschool & Infant Center

SAMPLE LUNCH MENU

♥ Where Children Grow, Learn & Thrive ♥



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
French Toast, String Cheese, Strawberries & Black Berries	Ricotta & Spinach Ravioli, Garlic Knots, Sweet Potato Fries	Ground Beef with Potatoes, Mexican Rice & Corn	Sauteed Chicken with Grated Parmesan, Steamed White Rice & Broccoli	Pizza Friday
Hawaiian Turkey & Cheese Sliders, Pineapple & Avocado	Spaghetti & Meatballs (Sauce on the side), Garlic Bread, Sweet Potato Fries	Sauteed Pesto Chicken, Steamed White Rice & Broccoli	Mac & Cheese, Broccoli, Sweet Potato Fries	Pizza Friday
Butter Noodles with Parmesan Cheese, Steamed Broccoli, Sliced Hot Dogs	Chicken Nuggets, Corn, Cucumber Slices	Beans, Mexican Rice, Corn	Fish Sticks, Steamed White Rice, Sweet Potato Fries	Pizza Friday
Corn Dogs, Sweet Potato Fries, Peach Slices	Fajitas, Steamed White Rice, Corn	Pesto Potato Gnocchi, Strawberries, Corn	Lemon Pepper Chicken, Avocado Slices, Steamed Broccoli	Pizza Friday



Lunch is \$8.00 per day or \$150 if added to your monthly tuition.



All meals are served with water. Menu is subject to change.

